

**SEVENTH GRADE SYLLABUS
2018-2019**

YDISCIPLINE - YDisciple is an intuitive online platform designed to help parents and parishes work together to reach more teens more effectively with the Gospel.

Study 1: Follow Me

The YDISCIPLINE experience begins with the first invitation from Jesus himself: "Follow Me." This five-week study lays the foundation of what it is to be a disciple of Jesus, including the relevant take-away for personal living and the commitment both the members and leaders of the YDISCIPLINE group will need for successful times together.

Oct. 3	Why Are You Here? <ul style="list-style-type: none"> ▪ Scene 1 (3:37) ▪ Scene 2 (5:05) 	This first session of YDISCIPLINE helps to establish the environment and tone for what to expect in future meetings, beginning with what it means to be a disciple, the goals for the group, and the kinds of activities and topics you'll be tackling. Presented by Chris Stefanick.
Oct. 10	Come & See <ul style="list-style-type: none"> ▪ Scene 1 (5:10) ▪ Scene 2 (5:17) 	Interlaced with activities to promote closeness in your YDISCIPLINE group, this session will highlight the great value of discipleship in the lives of every member—but that value is also based on a commitment to the group. Presented by Chris Stefanick.
Oct. 17 - NO CLASS		
Oct. 24	Real Friends <ul style="list-style-type: none"> ▪ Scene 1 (1:25) ▪ Scene 2 (3:55) ▪ Scene 3 (4:15) ▪ Scene 4 (6:03) 	What is real friendship? This study will look at the different types of friendship teens encounter—and how to discover authentic, virtuous friendships that are made through a sincere gift of self. Presented by Steve Angrisano.
Nov. 31 – NO CLASS		
Nov. 7	Follow Me <ul style="list-style-type: none"> ▪ Scene 1 (2:04) ▪ Scene 2 (4:49) ▪ Scene 3 (3:42) ▪ Scene 4 (4:02) 	Jesus invites us to follow him, to become his disciples. But what if we say no? This session presents the story of a woman who walked away from Christ and found everything that the world had to offer. Did it make her happy and fulfilled? That's what we'll find out. Presented by Leah Darrow.
Nov. 14	The Cost <ul style="list-style-type: none"> ▪ Scene 1 (3:00) ▪ Scene 2 (4:15) ▪ Scene 3 (4:07) ▪ Scene 4 (5:07) 	The cost of discipleship often seems high, but what is its true <i>value</i> to our lives? In this session, we'll look candidly at the fears teens have about committing to Christ and what it means to sacrifice and to move forward in the Faith. Jesus told his disciples to "count the cost." What happens with our discipleship when we do? Presented by Fr. Mike Schmitz.

Nov. 21 – NO CLASS

Study 2: Advent

YDisciple: Advent provides a way to use the season as an opportunity to go deep into the Faith. Through an exploration of the mystery of the Incarnation, the Virgin Birth, and the events surrounding the arrival of Jesus, the season of Christmas will come alive in a fresh new way.

Nov. 28	Prepare the Way <ul style="list-style-type: none"> ✚ Scene 1 (1:54) ✚ Scene 2 (4:41) ✚ Scene 3 (2:58) ✚ Scene 4 (3:14) ✚ Scene 5 (4:01) 	<i>It's been said that Christmas is merely a pagan day that was Christianized by the early Church—and now the pagans want it back. Yet the holiday we call Christmas (and the season of Advent that precedes it) is marked by wonder, holiness, and beauty, which go beyond mere sentimentality. Preparing "the way of the Lord," as begun by John the Baptist, continues for us now, signaling the beginning of the Church year—and the next chapter in your teen's journey as a disciple. Presented by Bob Rice.</i>
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Dec. 5 - Advent Family Event		
Dec. 12	Trust in God 🌟 Scene 1 (1:49) 🌟 Scene 2 (3:20) 🌟 Scene 3 (2:27) 🌟 Scene 4 (3:20) 🌟 Scene 5 (4:10)	Long before an angel appeared to a young girl named Mary, the need for the angel's message was firmly established in history. At the start of Creation, mankind had rebelled, choosing to trust something other than its Creator, bringing sin and death into the world. So how does that event connect to a young virgin and a startling visit from a celestial being? This study explains. Presented by Brigid DeMoor.
Dec. 19	Watch & Pray 🌟 Scene 1 (2:21) 🌟 Scene 2 (3:03) 🌟 Scene 3 (3:46) 🌟 Scene 4 (4:16) 🌟 Scene 5 (3:38)	Teens are overwhelmed by multiple voices, sounds, and images coming at them from an endless number of places. How can they keep focus to watch for Christ during Advent? This study explores how the Nativity narrative in Luke's Gospel gives a vivid example of how to prepare their hearts in true humility so that "watching" is an active reality, allowing them to see God's work with new eyes. Presented by Dr. Edward Sri.
Dec. 26 – NO CLASS		
Jan. 2 – NO CLASS – Catechist Appreciation		
Jan. 9	The Gift 🌟 Scene 1 (2:39) 🌟 Scene 2 (3:12) 🌟 Scene 3 (4:43) 🌟 Scene 4 (4:22) 🌟 Scene 5 (2:54)	It's easy to lose sight of the real story of the Magi amidst the figurines, the television renditions, and the carols about the three "oriental kings." This study looks at the biblical account and gives a proper context for a truly meaningful celebration of joy through sacrificial giving. Presented by Dr. Tim Gray.
Study 3: Prayer <i>More than just a form of communication, like sending out a text to a friend, prayer is a vital part of our relationship with God. In prayer, we can have the deepest level of intimacy with the One who loves us the most, sharing from our hearts, about our hopes and dreams, while also hearing his heart and desires for us. This YDISCIPLE course takes a meaningful and relevant approach to the essence of prayer, including discussion of how to pray, how to listen, and how to use the wisdom of the Church to help us along.</i>		
Jan. 16	How to Pray ▪ Scene 1 (3:39) ▪ Scene 2 (7:12) ▪ Scene 3 (3:52) ▪ Scene 4 (4:20) Scene 5 (6:42)	We don't often think of prayer as a source of power, but it is. Not the kind of power the world around us covets, but a power that comes from God alone. In this study, we'll discover how to tap into the greatest power available to us, explore the secrets of prayer, and how to seek and listen to God's voice in our lives. Presented by Fr. Rick Martignetti.
Jan. 23	Why Pray ▪ Scene 1 (4:18) ▪ Scene 2 (5:52) ▪ Scene 3 (7:48) ▪ Scene 4 (3:30) ▪ Scene 5 (4:13)	Why pray? In this study we'll look at this important question, going deeper into what prayer really is and why a desire to prayer is already written on our hearts. Presented by Jim Beckman.
Jan. 30	Created in the Image of God	Mandate course focusing on helping children to make good and safe choices and knowing how to get help when needed. Children are reminded that they and all of God's children are created in His image and need to see themselves and others as special, and deserving of respect, in all parts of their lives.
Feb. 6 – Feed My Starving Children		
Feb. 13 – All Grades at PCC		
Feb. 20	Practicing Prayer ▪ Scene (3:13) ▪ Scene 2 (6:06) ▪ Scene 3 (6:49) ▪ Scene 4 (6:26) ▪ Scene 5 (5:17)	Prayer is an essential part of our relationship with God. Yet many of us struggle with how to pray. In this session, we look at five forms of prayer as outlined in the <i>Catechism</i> and discuss practical ways to pray, overcome distractions, and make prayer a regular part of our lives. Presented by Jackie Francois.

Study 4: DISCIPLINES OF A DISCIPLE		
<i>Jesus's invitation to be his disciple is an invitation to become like him. YDisciple: Disciplines of a Disciple explores the practical things young people can do to effectively be like Christ wherever they are: in their personal lives, at home, school, with their peers, and in the world at large.</i>		
Feb. 27	Relationships <ul style="list-style-type: none"> ▪ Scene 1 (2:51) ▪ Scene 2 (7:09) ▪ Scene 3 (5:26) 	We give most of our time to what we most value. Sadly, our relationship with the Lord can become just another “thing to do” in the hustle and bustle of our days. This session poses the question: “Is a relationship with God worth it?” Presented by Deacon Ralph Poyo.
Mar. 6 – Ash Wednesday (Family Event)		
Mar. 13 – NO CLASS – Spring Break		
Mar. 20	Grace <ul style="list-style-type: none"> ▪ Scene 1 (2:24) ▪ Scene 2 (4:29) ▪ Scene 3 (6:22) ▪ Scene 4 (6:09) 	Sadly, many Catholics believe that God's grace is something they have to earn. In this session we'll discuss God's grace both as a free gift and as God's life within us. Presented by Mary Bielski.
Mar. 27	H.A.B.I.T.S <ul style="list-style-type: none"> ▪ Scene 1 (3:37) ▪ Scene 2 (4:55) ▪ Scene 3 (6:13) ▪ Scene 4 (7:16) 	It takes discipline and perseverance to be Jesus's disciple. But where does discipline and perseverance come from? In this session we will discuss H.A.B.I.T.S., an acronym for those key disciplines that help us grow in our relationship with God and become more like Jesus. Presented by Sean Dalton.
Apr. 3	Mindset <ul style="list-style-type: none"> ▪ Scene 1 (5:01) ▪ Scene 2 (4:36) ▪ Scene 3 (5:10) ▪ Scene 4 (7:41) 	Mindset is the thought process that drives our behavior. In this study, we'll explore how to root our mindset in the truth of Christ—and the importance of mindset on discipleship. Presented by Jim Beckman.
Apr. 10 - Catholic Fair Prep		
Apr. 17 – NO CLASS (Holy Week)		
Apr. 25 – End of Year Celebration (Family Event)		